

GASTRIC ANISAKIASIS

A 36-year-old previously healthy woman presented with a 2-day history of severe chest pain and epigastric pain associated with nausea and vomiting. Physical examination showed moderate abdominal tenderness, without guarding or rebound in the epigastrium. Laboratory tests, including cardiac enzyme levels, were normal. An electrocardiogram and a radiograph of the chest were normal. The patient reported that

she had consumed uncooked salmon approximately 2 hours before the chest pain developed. Computed tomography of the abdomen revealed diffuse thickening of the gastric wall. Gastroscopy revealed multiple anisakis larvae penetrating into the mucosa in the esophagogastric junction, fundus, upper body, middle body, and antrum of the stomach. Eleven larvae were removed with the use of endoscopic forceps, after which the

patient's symptoms resolved. Anisakiasis is a parasitic infection of the gastrointestinal tract in humans that is caused by the consumption of raw or inadequately cooked seafood containing third-stage larvae of the nematode Anisakis simplex or related species.

Fuchizaki U, Nishikawa M. Gastric Anisakiasis. N Engl J Med 2016;375:e11. August 18, 2016. Images in Clinical Medicine. www.nejm.org/doi/full/10.1056/NEJMicm1509451



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
		7	National Day (SW)	0	10	11
5	6	7	8	9	10	Mountain Day (12)
12	13	14	15	16	17	18
12			Assumption (1) / Independence Day (8%)			
19	20	21 Eid af-Adha	22	23	24	25
26	27	28	29	30	31	
	Bank Holiday (UK)					